

# Molesey Head Races: SAFETY PRECAUTIONS

## Information – availability (Before the Heads, ensure the following):

- The draw, information notices for competitors, safety instructions, radio procedures, risk assessment, are all available (and easily located) on the Molesey Head Races website. ([www.moleseyheadraces.org.uk](http://www.moleseyheadraces.org.uk))
- This **includes a map** of the course with possible landing points for casualties, and positioning of safety boats, first aid equipment, etc, clearly marked.
- Copies of the **Safety Precautions (also the Emergency Procedures) information sheets (including copies of the course map) to be available at the Event.**

## On the Day

- **Junior Crews (in the morning events)** to be briefed by their coaches.
- **For the Veterans Head (afternoon)** all marshals, launch drivers, etc, and a responsible member of each crew must attend the Safety Briefing at MBC at 12 noon.

## Other Navigation

- Warn crews of **potential 2-way traffic behind Platts Eyot** (“Thorneycroft”), which is narrow in parts.
- **Hampton and Aquarius Sailing Clubs** will have been asked to keep the river free.
- And the **Environment Agency is to be informed** of the Head Races well in advance, and their agreement obtained to **close the Reach to navigation during racing periods**. Despite this, there may still be **some other river traffic. Beware.**

## Boating Instructions

- Crews going afloat or landing must **minimise the time** taken on the hard.
- This includes **quickly clearing** the area of all oars, water bottles, kit, etc.
- Please **obey marshals’ instructions.**

## Rowing up to the Start

- **Use the Middlesex side of Platts Eyot.** For any crew, **the only place to do practice starts is by turning back down the Surrey side of Platts Eyot** and then continuing right round it. Absolute compliance is required.

## Marshalling before the race

- **Marshalling.** At least **10 minutes before the start time**, participating crews must **be on their stations** on the Middlesex bank above Aquarius Sailing Club. **Numbers are positioned on the opposite bank for guidance.(10,20,30,40,50,60). Get in order.**
- The marshals will guide you. **Obey their instructions. Do not be late !**

## After the Race

- If you are **returning to Hampton School Boathouse**, continue past the finish and turn when the marshals tell you. **Return up the Middlesex side of Platts Eyot.**
- If you are **returning to MBC**, go down the lock cut on **the Surrey side (Absolutely NOT the Middlesex side of the river).** **Obey marshals’ instructions, go slow down the lock cut, turn in order below the Club and come in upstream.**